



# Joining Hands Church & Community

## Church & Community newsletter 4

### Community Support



After 16 weeks of lockdown, it may be some time before a complete return to normal life. So many aspects of our lives have changed significantly. As many of you know, it's not just the way we do our church services and activities, it's also how communities have developed new ways to interact by supporting each other. During this time technology has given us new opportunities- our church services are now streamed, members have been sharing what they have been doing including photos and recipes. The community has come together by maintaining contact, looking out for each other. Let's continue to treasure each person. Please contact me if you would like any support.

Email on [beccy.gange.swhg@gmail.com](mailto:beccy.gange.swhg@gmail.com) or Tel: 07853553499



A huge Thank You from Southampton City Mission (SCM) for donations. Your donations are making a huge difference to peoples lives during lockdown. The free Foodbank app is available to keep up to date with current food needs or alternatively you can take to designated supermarkets. For full information on food collection points, ideas for

donations, or to get involved contact SCM on 02380 550435 or Basics Bank on 07929641755. Alternatively visit their website at: [Southamptoncitymission.co.uk](http://Southamptoncitymission.co.uk)



Neighbourhood watch: Are you part of neighbourhood watch or do you fancy joining? Neighbourhood watch is not just about crime it's about connecting with people within your community and helping others.

[www.ourwatch.org.uk](http://www.ourwatch.org.uk) Are you supporting neighbours

who are not on social media? An idea from neighbourhood watch is to set up a phone tree. How it works ..You call 3 people.Those 3 people call 3 people each making 9 and so on. This reduces isolation and helps people stay connected.



Face coverings are to be mandatory in shops and supermarkets in England from 24 July. Children under 11 and those with disabilities will be exempt.

If you would like to make a cloth covering there is a simple guide on [www.gov.uk](http://www.gov.uk) . The Big Community Sew website has instructions on face coverings and if your keen to contribute ,they are making face coverings for various communities.

#### Things to do...

##### The Rainbow Trail



Rainbow Trail consists of 100 rainbows carved from up-cycled scaffold board with printed designs from residents and schools. The trails are in various parks around Southampton. The aim is to share stories from the community and celebrate hope after lockdown. The event is free but the Rainbow trail is raising money for Communicare. The event is running during July and August. For more information go to: [WWW.jackbsirwin.com/therainbowtrail](http://WWW.jackbsirwin.com/therainbowtrail).

##### Big Butterfly Count

Help count Butterflies by joining the big butterfly count.This is a survey aimed at helping assess the environment. Check out at big butterfly count at [bigbutterflycount.butterfly-conservation.org](http://bigbutterflycount.butterfly-conservation.org)

## Recipe lemon cake

Ingredients	Recipe
225g Unsalted Butter	1. Heat oven to 180C /fan or 160C gas
225g Caster Sugar	2. Beat butter and eggs together until creamy before adding eggs one at a time, slowly mixing through
4 Eggs	3. Sift in self raising flour and mix in lemon zest
225g Self Raising Flour	4. Line a loaf tin with grease proof paper and fill
Finely grated zest of lemon	5. Bake for 45-50 minutes
For the Lemon Drizzle:	6. Prick the warm cake all over and pour over the drizzle
Juice of one and half lemons	8. Leave in tin to cool before removing to serve
85g caster sugar (mix with lemon juice)	