



# Joining Hands Church & Community newsletter 6



## Community Support

We are now in the month of September and plenty of changes have taken place.



Many families have seen their children return to school and some people have returned to work if possible. Some of our communities may have been able to attend church to worship, although in a different way. I'm sure this has brought great comfort to those of you who have been isolated.

However the latest rise in the virus has led to a change in the governments advice as of Monday the 14th of September we should follow new rules, you must not meet with people from other households socially in groups of more than 6.

This will apply indoors and outdoors, including in private homes. There will be a limited number of exemptions. COVID -19 secure venues, such as places of worship, restaurants and hospitality venues can still host larger numbers in total.

For more information please go to [www.gov.uk/Coronavirus](http://www.gov.uk/Coronavirus)



Please. don't forget I am still available for support via telephone or email. If you would like to share any of your photos of lock down activities it would be lovely to see them. Email on [beccy.gange.swhg@gmail.com](mailto:beccy.gange.swhg@gmail.com) or Tel: 07853553499

OARA our local residents association who have great links with Avenue St Andrews church have been busy within the community. They have made another notice board with members contributing their lovely photos of adorable pets and other animals. The notice board by the planters at Alma Road / Gordon Avenue. Take a look on their Facebook page with lots of interesting information about what's going on .



### Things to do..

#### Keeping Active

#### Love to ride Southampton

#### Keen bike rider or new to cycling

Love to ride southampton are doing cycle September a global bike challenge, this is a great way to get some exercise and meet new people out and about socially distancing of course .

#### Www.lovetoride.net

Crosswords puzzles exercise the brain there are lots available online or purchase in shops or online.

Getting out and about and going for a walk there are plenty of parks and open spaces .

